

Good Luck Year 6!

For our Year 6 pupils and teachers, next week is the most important week of the year. The children (and teachers!) have worked extremely hard this year ensuring they are all prepared and I am sure they will do us all proud.

What SATs results won't show is all the other amazing talents and skills in Sports, Art, Drama and Music that the children have which are as important in a child's education and we are all equally proud of the children's achievements in these areas. Our Headstart Champions produced a poster linked to Sats and resilience (see below)

Many Thanks
Mr MacGregor
Head Teacher

GOOD LUCK!

Times-Tables Rock Stars Fastest Five

Congratulations to 6AS who have joined the 100% club. That means every single child in 6AS practiced their tables this week

This week's Fastest Five are all from year 6, but there have been some changes to the charts.

Jeffrey 6AS 0.38s!

Arjun 6AS 0.39s!

Adeyinka 6TB 0.4s!

Andrei 6TB 0.42s!

Khadija 6TB 0.43s!



COPING WITH SATS/EXAM STRESS

What is stress?

When you are worried about something and you feel you can't do anything



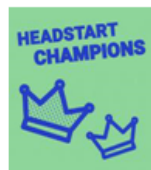
What other feelings do people have when they are stressed?

- angry
- frustrated
- worried
- upset
- sad
- anxious
- uncertain



How do those feelings affect people's behaviour?

- Show attitude
- Act moody and weirdly towards your friends
- They may avoid talking to people
- Shout and scream
- Might get physical, for example, kicking objects
- not being able to concentrate on your work
- rude to other people



Some resilient moves that we can make to help manage our stress levels

- Talk to someone
- Eat well
- Sleep well
- Be organised with your work
- Think about something good going on in your life
- Celebrate when the tests are over



Behaviour Cups



The classes that showed outstanding behaviour this week were:
Purple class, 2NW, 4MM and 5VP

SCHOOL CLOSURE

School will be closed on Thursday 23rd May due to European Elections. If we are your polling station please ensure you vote!

Key events next week- KS2 SATs week

Monday 13th May

- Year 6 SPAG test.
- Cricket coach with Year 5

Tuesday 14th May

- Year 6 Reading Test.
- Kiddy Tots
- Rainbow class at Plaistow library

Wednesday 15th May

- Year 6 Maths Tests 1 and 2.

Thursday 16th May

- Year 6 Maths Test 3.
- Kiddy Tots

Friday 17th May

- Baby Yoga.
- Year 6 at Stratford Picture House