

# THE COMPASS

## Southern Road Primary School Newsletter

### Headteacher's Update

Friday 1st October

'As you well know sport, health and mental wellbeing is always seen as a priority here at Southern Road. We recognise a happy, fit and healthy body creates a healthy mind to learn. Linked to this we are very excited that our very own Mr Greengrass is running the London Marathon this coming Sunday.

He is raising funds for the Newham District Foodbank, a local service that provides emergency food to people in crisis so if you can donate a small amount that would be great (Link below)

<https://localgiving.org/fundraising/paul-london-marathon/>

He will be running with the number 49887. You may be able to track his progress on the official London Marathon App. Good luck Mr Greengrass!

Have a lovely weekend

Mr MacGregor



Don't forget to follow our social media channels for updated news.



@SouthernRoadPr



<https://www.facebook.com/southernroadprimary/>



# TIMES TABLES ROCK STARS

Congratulations 6LT for reaching 100%! The scores have soared this week (you'll be fine next Friday 3TP and 4DL!) Today, the spotlight is on the fastest players in year 4:

1. Mohammad Shad 4LV (0.59s)
2. Talha 4KB (0.64s)
3. Mohammad 4LV (1.13s)
4. Jeel 4KB (1.22s)
5. Djo 4KB (1.25s)

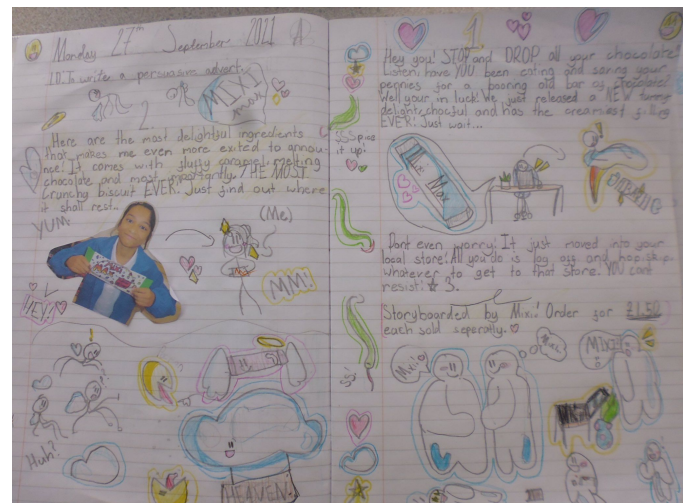
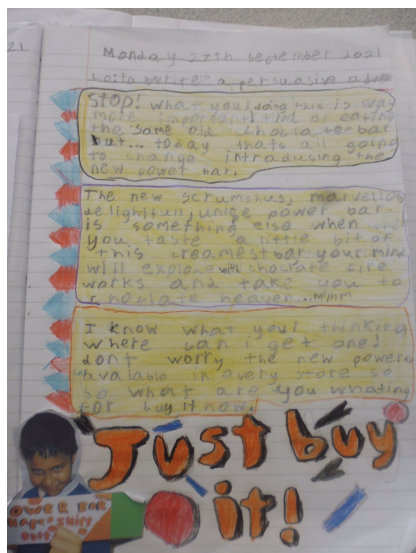


## Southern Road Most Played!

1. 6LT 100%
2. 6MC 97%
3. 5VP 96%
4. 5PG 93%
5. 6NA 90%
6. 5CW 89%
7. 3CD 83%
8. 4KB 76%
9. 4LV 72%
10. 3TP 31%
11. 4DL 10%

## Class work shout out of the week

Well done to 4DL who have been inspired by reading Charlie and the Chocolate Factory and have designed their own chocolate bars. They then produced some amazing persuasive adverts for them. Yummy!



Website:

[www.southernroadprimary.com](http://www.southernroadprimary.com)



Contact:

0208 471 9048



Email:

[info@southernroadprimary.com](mailto:info@southernroadprimary.com)



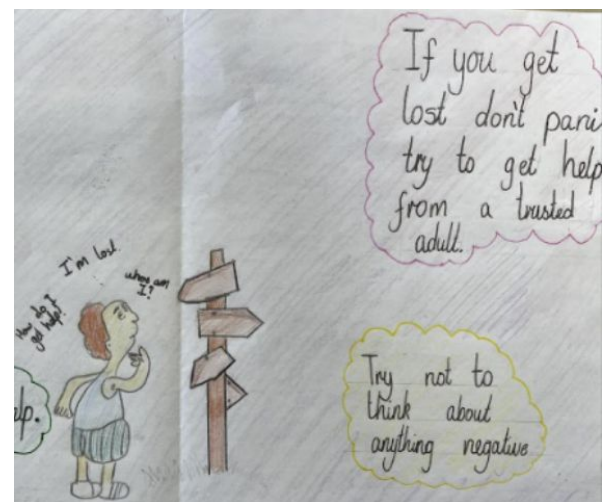
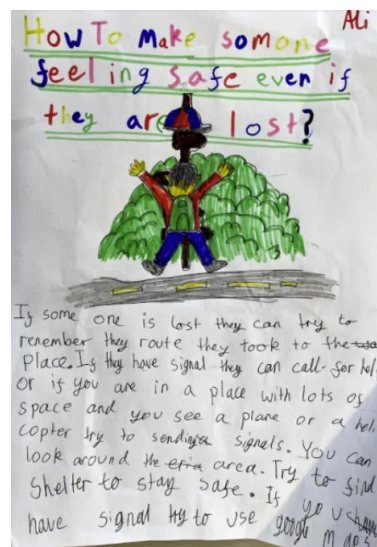
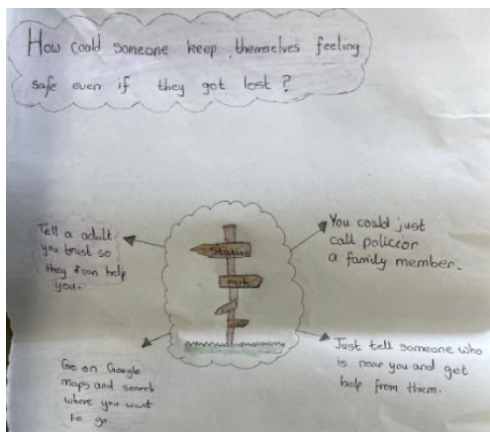
@SouthernRoadPri



Every week we are asking our children a question linked to staying safe. This will be discussed in their classes, it will be really nice if you can also discuss this with them. This week's question is below.



Again lots of entries this week making it a really difficult decision. Here are some examples from this week's winning class 6MC! Some useful advice detailing what to do if you get lost.



A special mention to Ismat from 2LP for her entry that she completed independently for homework.



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Some of you may have met Nasrin already but we are pleased to announce that Southern Road have partnered with the Schools Counselling Partnership of which Nasrin will be the therapeutic lead in school

The Schools Counselling Partnership (SCP) offers a whole school approach to emotional health and wellbeing. We offer a safe space for children, young people, parents and teachers to get the support that they need.

#### Why might someone need support?

No-one has been untouched by the covid crisis, many suffering from bereavement, family breakdown, job loss leading to financial difficulties and anxiety all of which can impact on our ability to concentrate, make decisions, sleep and may see us withdrawing from others.

#### How can Schools Counselling Partnership help?

We offer a safe, non-judgemental space where children, parents and staff can get the support they need, be heard and learn strategies to help them cope better.

#### The offer

##### One to one therapy for Children

We can offer one to one therapeutic support for children which includes a combination of talking, art and play therapy to help them express themselves.

Parental consent must be given before we can undertake any therapy with children.

#### Talk Time

This is a lunch-time drop in which children can self-refer to. This offers them an opportunity to talk about any worries or concerns that they may have. If you don't want your child to attend please inform the school.

#### Parents Drop In

This is a space in which parents can get support. Perhaps you are concerned about your child, maybe you have noticed a change in their behaviour and you just want to talk to someone and get some ideas to know how to support your children.



Nasrin is in school every Tuesday and Wednesday when you can arrange to meet her in school or on the phone.

E-mail:

Nasrin.Khanom@southernroadprimary.com



Website:

[www.southernroadprimary.com](http://www.southernroadprimary.com)



Contact:

0208 471 9048



Email:

[info@southernroadprimary.com](mailto:info@southernroadprimary.com)



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