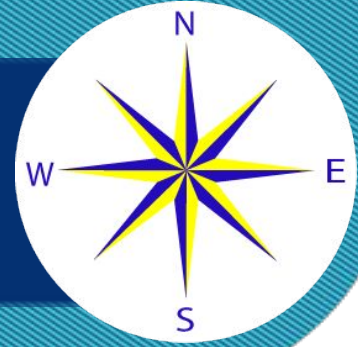


Friday 10th November 2023

# THE COMPASS

## Southern Road Primary School Newsletter



### Message from the Headteacher

Thank you to all the parents, carers and children who took part in last Sunday's 'Run Kids Run' fun run. Lots of photos from that day can be found on the school's X (formerly known as Twitter) page. Our X address is @SouthernRoadPri

A huge well done to our children in Reception who put on a special Harvest themed assembly for their families on Tuesday. Thank you to all the parents who attended, it was a real success. Also, thank you for all the donations - all the food donated got delivered to Bonny Downs food bank.

A reminder that the school will be closed for all children on **Thursday 23rd November 2023**, due to the school being used a polling station for a local by-election.

Next Friday, we will be raising money for the Children in Need charity by having a non-uniform day. Donations can be made using the QR code on page 4 of the newsletter or in cash on Friday.

Have a lovely weekend and Happy Diwali to the families that will be celebrating this Sunday!

Best wishes,  
Mr Aloum



# School Values

Please keep reminding the children about how our school values will help them succeed in school and in their everyday lives.

- **Strive**

Always try your best

- **Resilience**

Never give up

- **Pride**

Be proud of your achievements and those of others

- **Success**

Aim high and you will succeed!



## Winter Cross Country Timetable

Please come on Friday 24th November to support your children during the winter cross country!

RECEPTION	YEAR 1	YEAR 2	YEAR 4	YEAR 3	YEAR 5	YEAR 6
RUN TIME	RUN TIME	RUN TIME	RUN TIME	RUN TIME	RUN TIME	RUN TIME
9:40AM	10.00AM	10.40AM	11.10AM	1.10PM	1.40PM	2:10PM
DISTANCE	DISTANCE	DISTANCE	DISTANCE	DISTANCE	DISTANCE	DISTANCE
800 METRES	800 METRES	800 METRES	1.2KM	1.2KM	2KM	2KM



Website:

[www.southernroadprimary.com](http://www.southernroadprimary.com)



Contact:

0208 471 9048



Email:

[info@southernroadprimary.com](mailto:info@southernroadprimary.com)



# Run Kids Run



Thank you Mr Permaul for organising this 'fun run' day for the Southern Road community!



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# Safeguarding

## What to do if you are concerned about a child?

Adults have a responsibility to share any concerns they have, even when they may have some doubts as to whether a child is being harmed. If you are concerned about a child, speak to someone. This might be a health visitor, teacher, family doctor, social worker or police officer. You can also contact the school and request to speak to one of the safeguarding leads who are: Ms Yearnshire, Ms Lawrence, Ms Crozier, Ms Bobat and Ms Henna.

Please do speak to your child about our weekly safeguarding question.

**Our safeguarding questions for this week is:**

**How do you keep yourself safe  
in school?**

**Keeping  
children safe  
is everyone's  
responsibility**



# Attendance

In line with Newham's guidance, leave for pupils during term time is not authorised except in exceptional circumstances. Requests for holiday absence during term time will continue to be declined and parents/carers who take their child out of school for this reason may be subject to a penalty notice fine, issued by the Local Authority.

Well done to **5LV**! 99% of the class came to school every day before the half-term break!  
Which class will be the winners next week?

## Top 3 classes with the best attendance:

**1. 5LV**

**99%**

**2. 1BE**

**98%**

**3. 2KB**

**97%**



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*Together, we can*  
**MAKE A DIFFERENCE**

**NON - UNIFORM DAY**

**FRIDAY 17TH  
NOVEMBER**



**£1 donation - pay in cash or  
online using the QR code.**

**All money raised goes to the  
children in need charity.**



Come along to our 'Read With Me' sessions,  
where you get to read in class with your child.

**Every Wednesdays:**

**8:40 - 8:55 for AM children**

**12:20 - 12:35 for PM children**

**Our first session will be on the 8th of November 2023**

**Nursery parents and  
carers only!**



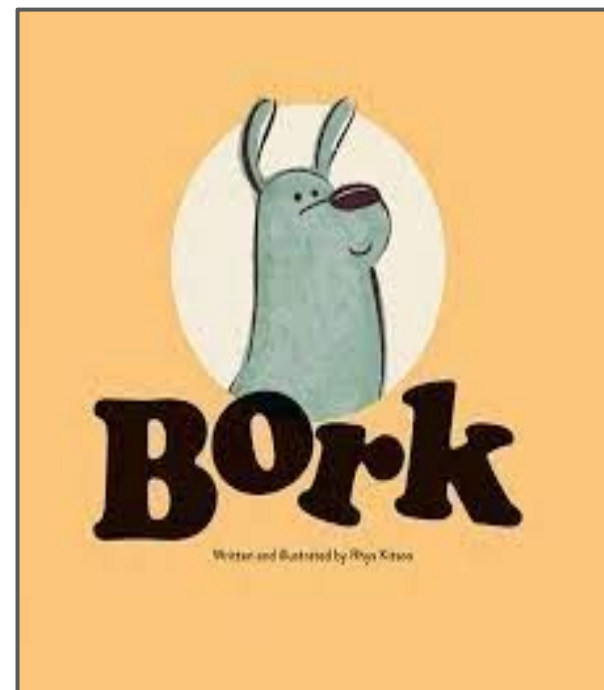
## Book Review

### Bork

Did you know that in English we think dogs say "woof", but in French, dogs say "ouaf ouaf", in German they say "wau, wau" and in Japanese they say "wan-wan"?

In this charming picture book, one dog maintains that the right way to woof is to say "bork". Desperate to persuade the international cast of dogs that think their way is the right way, it's an uphill task until a cat arrives, and all the dogs unite to bork at it.

Rhys Kitson's book has a very simple premise which is executed incredibly well. As well as highlighting interesting different dog sounds from around the world, which little ones will love to imitate, the overall message is that there's more that unites us than divides us. Even though children are quite little at 4 or 5 to understand how difference and unity work in the world, they can absolutely understand that it's nice for all the dogs to work together.



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# TTRockstars

Well done to **5LV** and **3MC** who had 100% of their class playing TTRockstars this week!

Which class or classes will be on top next week?

## Studio speed - Who is getting faster?



Eisa in 4DL is now 4.9 seconds faster!



Arfat in 4CW is now 3.4 seconds faster!



Numaan in 3TP is now 3.19 seconds faster!



## Most played

**5LV & 3MC**  
**100%**

**6LT - 97%**

**4CW ,6WJ &  
6VP**  
**90%**

**5NA & 4DL**

**3GT**

**3TP**



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# School Uniform

We expect all children to wear school uniform which consists of:

A white shirt or blouse

Grey or black trousers

Grey or black skirt or dress, or blue checked summer dress

A royal blue jumper, fleece or sweatshirt with the school badge on it

**Black** trainers or shoes only

Head scarves if worn for religious reasons should be black, white or school blue in colour.

Only studded earrings are allowed and jewellery worn for religious purposes.

## Southern Road PE Kit

Black shorts or black jogging bottoms

Plain white or yellow PE T-shirt

Black plimsolls or trainers

Please ensure that all articles of clothing are clearly labelled with the child's name especially school sweatshirts and coats as it does make returning lost property much easier.

School uniform can be purchased from [Southern Road Primary School | Ian Howard Schoolwear](#)



Our new PE t-shirts will be yellow which can be purchased from the Ian Howard school uniform shop opposite East Ham Town Hall.

We will be slowly phasing out the the white t-shirts so when your child outgrows their current t-shirt this can be purchased at a cost of £5.



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# Remembrance Artwork



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Contact:  
0208 471 9048



Email:  
[info@southernroadprimary.com](mailto:info@southernroadprimary.com)



# Diary Dates

## School Photo Day

Thursday 16th November 2023

## Polling Day - School will be closed

Thursday 23rd November 2023

## Whole School Cross Country

Friday 24th November 2023



## Christmas Holiday

Wednesday 20th December 2023 - School closes at 1:15

Thursday 21st December to Wednesday 3rd January 2024

## INSET Days

Thursday 4th January 2024

Friday 5th January 2024

School re-opens for pupils on Monday 8th January 2024

Our school term dates for 2023-24 can be found on the school website:

[Term Dates and School Times – Southern Road Primary School](#)

# Family Support with Ms Henna

Ms Henna will be holding ESOL classes every Friday. If you would like to join, please let her know.

Come and join Ms Henna and the parents of SRP to chill and chat over at the Rainbow Cafe next to Lister School. This will take place every month

Date: Wednesday 6th December at 9.15 to 10.15am.

Please wait for Ms Henna outside the main entrance.



ENGLISH FOR SPEAKERS OF OTHER LANGUAGES



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AGE RESTRICTION  
**13+**



Snapchat is a photo sharing app for mobile phones and tablets. The app allows users to share images, videos and chat with friends. Users can share images and videos directly to specific friends, or through a 'story' shared with their entire friend list, which documents the previous 24 hours. In a study, Snapchat was ranked the 4th most negative app in terms of having an impact on young people's health and wellbeing, with children feeling that they can use the app Snapchat to "make you look pretty."



# What parents need to know about **SNAPCHAT**

## EXPOSING YOUR CHILD'S EXACT LOCATION

The 'Snap Map' lets you share your EXACT location in real-time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about uploading images and videos to 'Our Story'; stating that "snaps you submit to 'Our Story' can still show up on the Map, no matter which location setting you choose!" When uploading to 'Our Story', your child's image or video could appear in "Search results and Stories on or off Snapchat - today or in the future."

## LENS EXPLORER

The 'Lens Studio' on Snapchat gives users the freedom to use their imagination to design their own filters for themselves and others to use. Snapchat states that the lenses users create "must comply with our Lens Studio Submission Guidelines and Community Guidelines and must be appropriate for Snapchatters ages 13+." The 'Lens Explorer' in the app now enables users to choose from thousands of these creations to alter their snaps. Anyone can create a lens for Snapchat, which gives opportunities for age-inappropriate content to be uploaded.

## SCREENSHOTS & SAVED MESSAGES

While Snapchat's gimmick is that all photos, videos and text disappear eventually, users still have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshotting is possible and send a compromising image or message to somebody who they think they trust. They may also accidentally send an image or message to somebody who they do not trust. Simply by pressing and holding a message, the user is able to save a message they have received, which can be screenshotted or used against them at a later date.

## SNAPSTREAKS & ADDICTION

'Snap Streaks' are gained when snaps have been sent back and forth consecutively between friends. The longer that snaps are sent between users, the longer the streak becomes. Furthermore, Snapchat rewards users who have achieved high Snap Streaks, by gifting emojis, adding incentives for users to keep the streaks. Children invest time into making their streaks as long as possible, which can put an incredible amount of pressure on both themselves and their friendships.

## SEXTING

Due to 'Snaps' disappearing, (users can even send a one-second photo or video), Snapchat has become the chosen platform for children and young people to send sexually explicit images or 'selfies'. Once a photo/video has been screenshotted, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves. However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but taking formal action isn't in the public interest.

## SNAP ORIGINALS

Through 'Snap Originals', users can watch content which has been created by Snapchat on the app, including comedy shows, drama, news and more. Additionally, there are new lenses and filters available, inspired by the 'snap originals' shows. This is another feature to encourage addiction.

# Top Tips for Parents

## THE RISKS OF SEXTING

It can be slightly awkward talking about this topic with your child, but if it helps them protect themselves, it is worth it. Talk to them about the consequences of sexting and make sure that they're aware of the risks. Ensure your child knows that 'Snaps' can be screenshotted. Teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences as the message, image or video can be shared further.

## REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE

If your child comes across inappropriate Snapchat content sent directly to them or in another person's story, advise them to report it immediately. This may include an inappropriate lens, filter, message or snap. To report an offensive lens, they should open the app and select the lens they want to report. An info button will appear above the lens. Click this, followed by the flag icon. This will send a report to Snapchat for further investigation. Reports can also be made on the Snapchat support website: [support.snapchat.com](https://support.snapchat.com).

## USE 'GHOST MODE'

We highly recommend enabling 'Ghost Mode' on the app so that your child's location will no longer be visible to anyone on the 'Snap Map'. To enable this, go onto the Snap Map and tap the cog in the top-right corner. Here, change the setting to 'Ghost Mode'.

## HOW TO DELETE A MESSAGE

Advise your child never to send any negative messages (or images through gallery in the chat on the app) as screenshots can still be taken. You should also advise your child to screenshot any negative comments they receive as the sender can also delete them. To delete a message, simply press and hold the sent message and press delete.

## TURN OFF 'QUICK ADD'

'Quick Add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. We highly recommend that your child turns off the 'Quick Add' feature. This can be done in the settings.

## RESTRICT STORY VIEWS

Your child can add videos and images to their 'Story' throughout the day which will last for 24 hours. By default, anyone in a user's friends list can see their story. We recommend checking the privacy settings to ensure that this has not been edited. This can simply be done in the app's settings under the 'Who Can View My Story' section. The options to choose from are 'My Friends', 'Everyone' or 'Custom' - we suggest that it is set to 'My Friends'.



**National  
Online  
Safety**

A whole school community approach to online safety  
**[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)**

Email us at [hello@nationalonlinesafety.com](mailto:hello@nationalonlinesafety.com) or call us on 0800 368 8061



# Autumn 2023

## SCERTS® in Newham Training for Parents/Carers

### Training for parents/carers of children who:

- Aged Reception to Year 11 who have social communication needs or a diagnosis of Autism.
- Parents/carers must be Newham residents or children must attend a Newham school.

**S**ocial  
**C**ommunication  
**E**moional  
**R**egulation  
**T**ransactional  
**S**upports

Learn about social communication and strategies to help your child interact and stay focused, calm and engaged.

Course will be delivered online  
***evenings for the first time!***

### **Please attend ALL 4 sessions on WEDNESDAYS:**



Weds 8 <sup>th</sup> November 2023	6.30-8pm
Weds 15 <sup>th</sup> November 2023	6.30-8pm
Weds 22 <sup>nd</sup> November 2023	6.30-8pm
Weds 29 <sup>th</sup> November 2023	6.30-8pm



**Course delivered online (Microsoft Teams) –**  
*parents will require internet access.*



**To *book* a place parents/carers complete the online form:**

**<https://forms.office.com/e/etgYkVGGbr>**

*A **meeting link** for the training sessions will be sent by email prior to the course start.*





## Post Diagnosis Parent Led Support Group

Emotional support for families of children aged 0-12 with a diagnosis of Autism

Strengthen, Empower & Nurture (SEN) in Newham

### Purpose of the support groups:

- Family Connectors will provide emotional support to families who have a diagnosis of Autism
- Come along to meet other parents with similar experiences to you
- A great opportunity to make friends and access signposting to local services & support

**Venue:** West Ham Lane Health Centre. 84 West Ham Lane. Stratford. London. E15 4PT. Lord Lister Room

### Day / Times:

- Second Wednesday of every month from 10am – 12noon – Drop in for parent caregivers (No appointment needed)
- Fourth Wednesday of every month from 10am – 12noon – Appointments will be booked by SCYPS only

### If you have any questions, please contact:

For children aged 0-5 contact: Josephine M: 07929 666 071 E: Josephine.Assani@mencap.org.uk

For children aged 6-12 contact: Elkie M: 07929 754 148 E: Elkie.Sharp@mencap.org.uk

or

Ieva Jupe M: 07814 078 247 E: Ieva.Jupe@mencap.org.uk



## Mencap's Family Engagement Team

For families of children aged 6-12 with a diagnosis of Autism

Strengthen, Empower & Nurture (SEN) in Newham

Family Connectors use their lived experience to reach out to families, connecting them with peer support in the following ways:

- Facilitating peer support groups and developing parent/caregiver networks
- Supporting families after diagnosis to reduce feelings of stigma & isolation
- Working with services and the community to co-facilitate inclusive opportunities for families like co-production
- Empowering families to apply for Disability Living Allowance (DLA) and access workshops and opportunities to help them better support their child
- Co-facilitating or co-delivering support sessions with other service providers
- If you would like to join our **WhatsApp Parent Led Support Group**, please contact our Family Connectors below

**If you have any questions, please contact our Mencap Family Engagement Team:**

### Family Connectors:

Fatima Uddin M: 07890 033 653 E: Fatima.Uddin@mencap.org.uk

Nazia Ahmad M: 07506 549 601 E: Nazia.Ahmad@mencap.org.uk

or

**Family Engagement Worker:** Elkie Sharp M: 07929 754 148 E: Elkie.Sharp@mencap.org.uk



**Website:**

[www.southernroadprimary.com](http://www.southernroadprimary.com)



**Contact:**

0208 471 9048



**Email:**

[info@southernroadprimary.com](mailto:info@southernroadprimary.com)





SEND Contact us  
Line 02033736472

0-25 service  
02033733280

CAMHS  
02077715888

SENDIASS 02033730707

NHS 111

HELPNEWHAM

02033733799

Newham Parent Forum  
would like to know what  
areas our families would  
like us to cover over the  
next 6 months

<http://www.newhamparentforum.co.uk>

Keep a look out for our  
wellbeing events

**NEWHAM PARENT FORUM**

St Marks Community  
Centre,  
Room 12,  
218 Tollgate Road,  
Beckton  
E6 5YA

Tel:07495021062

Email:  
[info@newhamparentforum.co.uk](mailto:info@newhamparentforum.co.uk)

**TUESDAY, 14 NOVEMBER 2023**

**CALL US 07495021062**

## NEWHAM PARENT CARER FORUM

Newham Parent Carer Forum is inviting you to our monthly coffee morning for 2023.

**10 AM -12 PM via Zoom**

Meeting ID: 813 1336 5257

Passcode: 448675

**Welcome back and check in with the parents and carers.**

**Annabel Bates, Director of Education, Inclusion and Achievement**

**Alexander Webley, Head of SEND 0-25, Children and Young People**

**Emma Ferry**

Delivering Better Value